

# Boghoppers Lake District Weekend 2022

## A walks

John and Kate will lead an A walk on each day (**Saturday 25th June** and **Sunday 26th June**).

We propose to leave the hotel at **9 am** and will decide on the proposed walks by 8 pm the evening before so that we can take account of the weather forecast. If you are joining the **A walkers** but are not staying in the hotel please meet us at the hotel in good time for a **9 am departure** or arrange a meeting time at the start of the walk. If necessary car share arrangements will allow us to minimise the number of vehicles (and car park fees) should we use cars.

**Saturday- From the Hotel, St Sunday Crag (2,756ft, 840m, W23, B32) 8.7 miles, total ascent 2,742ft**

We leave the back of the hotel to walk a little way into Grisedale Valley before ascending via Thornbow End to the summit 'The Cape' of St Sunday Crag. We descend to Deepdale Hause and continue down to Grisedale Tarn and walk down Grisedale valley to the hotel.

**Sunday- From the Hotel, Sheffield Pike (2,215ft, 675m, W99, B158) 9 miles, total ascent 2,210ft**

We cross Grisedale Valley, ascending to Lanty's Tarn to walk in Glenridding Valley, climbing past the Greenside Mine to Nick Head. We climb to the summit of Sheffield Pike, returning to Nick Head and descending via Glencoyne and Seldom Seen to Ullswater shore. Level walk back to the hotel through Glenridding village.

## B walks

More detailed information may be obtained from the walk leaders on the evening before

**Saturday- Leaders John & Elaine Chapman**

**Pooley Bridge to Aira Force 8 miles, total ascent 1,767ft**

We will drive to the National Trust car park at Aira Force (if you are a member of the National Trust please remember to bring your membership cards) in time to catch the service bus to Pooley Bridge (remember your bus passes!). The walk follows the route of the Ullswater Way to return to Aira Force.

**Sunday- Leader Eric Mitchell**

**From the hotel Lanty's Tarn, Greenside Mine and Glenridding 6 miles, total ascent 1,113ft**

We cross Grisedale Valley, ascending to Lanty's Tarn to walk in Glenridding Valley to Greenside Mine and then descending down Greenside Road followed by a level walk back to the hotel from Glenridding village.