

Boghoppers Lake District Weekend 2016

Friday 1st July- A & B Walkers (with C walk option)

John and Kate will lead a walk from the National Trust Car Main Park for Aira Force which will visit the falls and then ascend to return via a circular route over **Gowbarrow Fell** (1579ft, 481m, W181) using a lovely balcony path above Ullswater (the same route as last year). The route is less than 5 miles but does include a short steep ascent to the fell summit, if you wished to avoid this you could return by the falls using the opposite bank (less than 2 miles in total). If anyone would like to join us please meet by **the toilets in the National Trust Main Aira Force Car Park for 12 noon.**



John and Kate will lead an A walk on each day- we propose to leave the hotel at **9 am** and will decide on any changes to the proposed walks by 8 pm the evening before so that we can take account of the weather forecast. If you are joining the **A walkers** but are not staying in the hotel please meet us at the hotel in good time for a **9 am departure.**

Saturday 2nd July- A Walk

This year we are proposing to take a 30 minute drive into the Langdale Valley and take a walk over Crinkle Craggs. We will set off from the hotel at 9am and hope that car share arrangements will allow us to minimise the number of vehicles. We will be using a National Trust Car Park so please make sure that you bring any NT car park stickers that you may have.

Crinkle Craggs (2,818ft, 859m, W17) Pike o'Blisco (2,326ft, W87)

8 miles (12.5 km), ascent 3,600ft (1,100 metres), 5 hours

Options will include a shorter return via Browney Gill instead of Pike o'Blisco) or additional summits-

Bowfell (2,959ft, 902m, W6) and/or Cold Pike (2,300ft, 701m, W96)

Sunday 3rd July - A Walk

Walking from the Patterdale Hotel

The Knight, Place Fell (2156ft, 657m, W109), Beda Fell (1670ft, 509m, W169), Boredale Hause (ascent of Place Fell via Hare Shaw) 8.5 miles (13.5 km), ascent 3,105ft (930 metres), 5¼ hrs

John & Kate Penrose (0790 4252 532 and 07931 626 008)