

Boghoppers Lake District Weekend 2015

Friday 3rd July

John and Kate will lead a walk from the National Trust Car Main Park for Aira Force which will visit the falls and then ascend to return via a circular route over **Gowbarrow Fell** (1579ft, 481m, W181) using a lovely balcony path above Ullswater. The route is less than 5 miles but does include a short steep ascent to the fell summit, if you wished to avoid this you could return by the falls using the opposite bank (less than 2 miles in total). If anyone would like to join us please meet by **the toilets in the National Trust Main Aira Force Car Park for 12 noon.**



Saturday (4th July) & Sunday (5th July)

John and Kate will lead an A walk on each day- we propose to leave the hotel at **9 am** and will decide on the walk by 8 pm the evening before so that we can take account of the weather forecast. If you are joining the A walkers but are not staying in the hotel please meet us at the hotel in good time for a 9 am departure. Unless the weather is terrible we would hope to choose 2 of the below walks.

[A] Dollywagon Pike (2815ft, 858m, W18), Nethermost Pike (2923ft, 891m, W9)

and Helvellyn (3117ft, 950m, W3)

13 miles (21 Km), ascent 4000ft (1272 metres), 7 hours

[B] Helvellyn (3117ft, 950m, W3) (via Swirral Edge, Striding Edge option), Nethermost Pike (2923ft, 891m, W9), Dollywagon Pike (2815ft, 858m, W18)

10.6 miles (17km), ascent 3420ft (1045 metres), 5 ¼ hours

or if via Lanty's Tarn: 11.5 miles (18.5km), ascent 3100ft (1150 metres), 6¼ hours

[C] Hart Crag (2697ft, 822m, W13), Fairfield (2864ft, 873m, W13) Cofa Pike and St Sunday Crag (2759ft, 841 m, W22)

9.5 miles (15.5Km), ascent 2900ft (1100 metres), 6 hours

[D] Dove Crag (2553ft, 792m, W48) and Hart Crag (2697ft, 822m, W13)

Option 1- Dovedale, Dove Crag and Hart Crag 10.5 miles (16.5Km), ascent 2930ft (900 metres), 5½ hours

Option 2- Scandale Pass, Dove Crag and Hart Crag 11.5 miles (18.5Km), ascent 3100ft (950 metres), 6 hours

[E] Beda Fell (1670ft, 509m, W170), Boredale and Place Fell (2156ft, 657m, W108)

8.5 miles (13.5Km), ascent 3,120ft (950 metres), 5 hours

Poor weather Option

[F] Boredale Hause, Ullswater shore

Option 1- via Matterdale 9.5 miles (15.2 Km), ascent 2040ft (621 m), 4¼ hours

Option 2- via Boredale 8.5 miles (13.7 Km), ascent 2005ft (611 m). 4¾ hours